

## **MYELOMA LINK:**

Connecting
African American
Communities to
Information,
Expert Care
and Support

For more information, reach out at:

MyelomaLink@LLS.org 844.955.LINK (5465) www.LLS.org/MyelomaLink

BEATING CANCER IS IN OUR BLOOD. The mission of The Leukemia & Lymphoma Society (LLS) is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families.

## **MYELOMA LINK**

Did you know that African Americans have twice the rate of myeloma as white Americans?

Myeloma Link raises awareness about multiple myeloma among African American communities, and connects myeloma patients with high quality support and treatment for managing their disease.

## Common signs and symptoms of myeloma include:

- Bone pain and/or fractures
- Feeling tired and weak
- Getting sick much more often than usual, due to a weakened immune system

Other signs and symptoms include: numbness, tingling, burning or pain in the hands or feet; increased thirst, urination and constipation; abnormal bleeding, headaches, chest pain, shortness of breath or decreased alertness.

Having these signs and symptoms does NOT mean you have myeloma.

Talk to your doctor about what you are experiencing. Tell him/ her that you are concerned about multiple myeloma.

